

**GRAND RAPIDS ATHLETICS 2020-2021 WINTER PRACTICES: START DATES  
AND TIMES**

Students are required to have all eligibility forms completed, physical on file and participation fees paid before attending a practice. Students are required to have a physical every three (3) years **starting in 7th grade.** **Physical Must Be On MSHSL Form (No Well Child Physicals).** Participation fees for sports are \$130 per sport for students in grades 9-12 and \$100 per sport for students in grades 7-8. Activity Forms and fall schedules can also be accessed on the school website at [www.isd318.org](http://www.isd318.org) >Schools> GRHS >Activities> **Online Sports Registration.** Coaches will provide calendars for the season at the first practice.

**ALL PAPERWORK, FEES PAID AND PHYSICAL MUST BE COMPLETED BEFORE  
FIRST DAY OF PRACTICE.**

<b>High School (9-12)</b>		<b><u>Start Date</u></b>	<b>Time</b>	<b>Site</b>
Girls Hockey (9-12)	Monday	November 30	3:30pm-5:30pm	IRA Civic Center
Boys Hockey (9-12)	Monday	November 23	3:30pm-6:00pm	IRA Civic Center
Nordic Ski (7-12)	Monday	November 30	3:00pm-6:00pm	GRHS Lobby
Girls Basketball (9-12)	Monday	December 7	<i>To Be Determined</i>	GRHS Gyms
Boys Basketball (9-12)	Monday	November 23	6:00pm-8:00pm	GRHS Gyms
Wrestling (9-12)	Monday	November 30	3:30pm-6:00pm	GRHS Wrestling Room
Boys Swim/Dive (9-12)	Monday	November 30	3:30pm-6:00pm	Middle School Pool
<b>Middle School (7/8)</b>				
Boys and Girls Basketball (7/8)	Monday	December 7	3:30pm-5:00pm	RJEMS Gyms
Wrestling (7/8)	Monday	November 30	3:30pm-6:00pm	RJEMS Multi-Purpose Room
Boys Swim/Dive (7/8)	Monday	November 30	4:30pm-6:00pm	Middle School Pool

**ONLINE REGISTRATION IS OPEN**

**Go to GRHS Activities Homepage, Sports Online Registration.**

**If you pay with cash/check or request a waiver, come to the  
Activities Office.**